



**FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Fun Activities & Swim Instruction

Splash Games (NEW)

Kids will have fun, in a supervised environment, playing different water games, which include underwater tag, sharks and minnows, races and many more!!!

Schedule

Monday - Thursday from 6:15 - 7:00pm at the Elizabeth Blvd. YMCA and the Y/City Pool (Begins Mon, Jan 2)

Prices

Members: FREE

Non-Members: Regular Admission Fee

Iceberg Invasion (Starting January 7, 2012)

An Iceberg has been spotted at the Y/City Pool. See if you have what it takes to climb 14 ft to the top and once there it is an exciting drop to the bottom!!! Kids under 14 must pass the swim test before going on the Iceberg.

Saturdays from 1:00 - 4:30pm

Prices

Members: FREE

Non-Members: Regular Admission Fee

No School Swim

No school? No problem. Come to the Y/City Pool for an afternoon of FUN!!!

Dates: Thurs, Dec 22

Fri, Dec 23

Mon, Dec 26

Tues, Dec 27 (Iceberg)

Wed, Dec 28

Thurs, Dec 29 (Iceberg)

Fri, Dec 30

Mon, Jan 2

Mon, Feb 20

Time: 1:00 - 4:00pm

Prices

Members: FREE

Non-Members: Regular Admission Fee

Midnight Splash

Come experience the fun of the Y/City Pool in the DARK!!! Activities include: games, music, prizes and fun.

Dates: Sat, Jan 28

Sat, Feb 25

Sat, March 24

Sat, April 28

Time: 9:00 - 11:00pm

Prices

Members: FREE

Non-Members: Regular Admission Fee

*Kids under 13 must be accompanied by an adult.

Swim School (Ages 7-16)

Swim School emphasizes endurance swimming and stroke improvement. Participants must be able to perform front crawl, back crawl, breaststroke, dolphin kick and a pre skill assessment.

Tuesday & Thursday Sessions: Jan 3-26, Jan 31 - Feb 23, Feb 28 - March 22, April 3-26 and May 1 - May 24

Time: 5:15 - 5:55pm

Prices

Members: Free

Non-Members: \$5 per class

Water Babies (Ages 3 & Under)

Saturday Session: Jan 7 - Feb 25 and March 10 - May 5 (No class on March 31)

Time: 11:20 - 11:50am

Prices

Members: \$20

Non-Members: \$35



YMCA OF TWIN FALLS

756 Locust St. N., Twin Falls, ID 83301

P (208) 733-4384 ext. 120, www.ymcatf.com

More on the Back.



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swim Instruction

Swim Lessons (Ages 3 – 14 years of age)

Monday & Wednesday Sessions: Jan 2-25, Jan 30 – Feb 22, Feb 27 – March 21, April 2-25 and April 30 – May 23
Time: 4:15 – 4:55pm

Tuesday & Thursday Sessions: Jan 3-26, Jan 31 – Feb 23, Feb 28 – March 22, April 3-26 and May 1 – May 24
Time: 5:15 – 5:55pm

Saturday Session: Jan 7 – Feb 25 and March 10 – May 5 (No class on March 31)
Time: 11:15 – 11:55am

Prices

Members: \$25

Non-Members: \$40

Elite Swim Lessons

These lessons allow children to get more personal attention and practice because all classes have a 1 instructor to 3 participant ratio. For kids 3 – 14 years of age.

Monday & Wednesday Sessions: Jan 2-25, Jan 30 – Feb 22, Feb 27 – March 21, April 2-25 and April 30 – May 23
Time: 5:15 – 5:55pm

Prices

Members: \$40

Non-Members: \$55

Manta Ray Swim League

Participants will learn the 4 competitive swim strokes and have the opportunity to compete against other kids in 4 time trial swim meets. Participants must be able to swim 25 yards of front crawl and be between the ages of 6 – 17.

Seasons

Session 1: January 16 – March 10

Session 2: April 2 – May 26

Practices: Mondays & Wednesdays from 6:30 – 7:30pm

Saturday Meets at 9:00am

Session 1: January 28, February 11, February 25 and March 10

Session 2: April 14, April 28, May 12 and May 26

Prices

Members: \$30

Non-Members: \$45

3rd Grade Swim Program

Swimming is an essential skill that all kids should know how to perform. That is why the YMCA is providing FREE swim lessons to all 3rd graders. Limit of 1 session per kid per school year. Must provide school & teacher name.

Tuesday & Thursday Sessions: Jan 3-26, Jan 31 – Feb 23, Feb 28 – March 22, April 3-26 and May 1 – May 24
Time: 4:15 – 4:55pm

Saturday Session: Jan 7 – Feb 25 and March 10 – May 5
Time: 10:15 – 10:55am

Private Swim Lessons

This package includes 4 half hour swim lessons. Lessons can be split into 1 student & 1 instructor or up to 4 students & 1 instructor. Instructors may be requested.

Prices

Members: \$75

Non-Members: \$95

YMCA OF TWIN FALLS

756 Locust St. N., Twin Falls, ID 83301

P (208) 733-4384 ext.120, www.ymcatf.com



More on the back.